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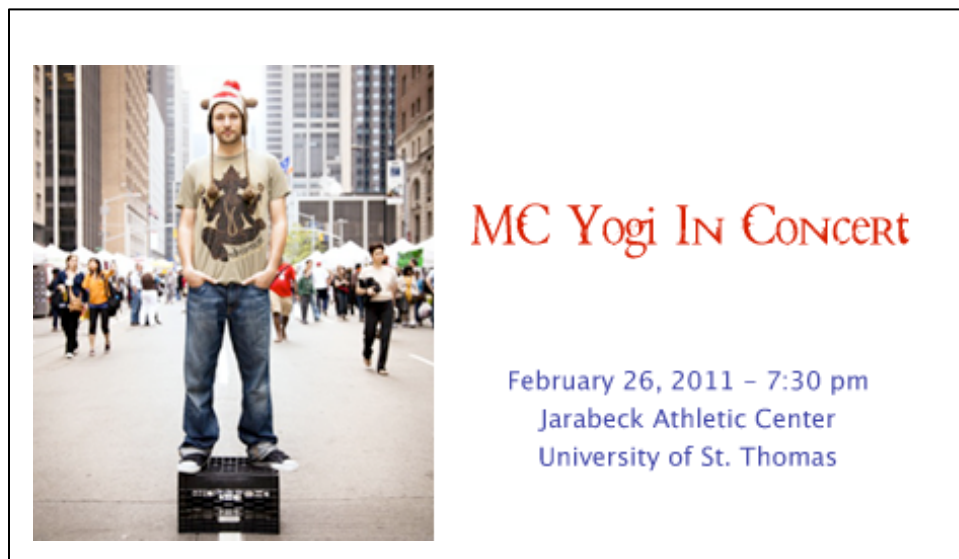
2011 TEXAS YOGA CONFERENCE BRINGS YOGA LEADERS FROM AROUND THE WORLD TO HOUSTON

Live performances by nationally renowned recording artists Sean Johnson and the Wild Lotus Band and MC Yogi scheduled to take place during second annual Texas Yoga Conference

February 2011 (Houston, TX) - Houston prepares to welcome yoga professionals from around the world as the second annual Texas Yoga Conference approaches. It will be held at **Jerabeck Athletic Center, St. Thomas University** (4000 Mt. Vernon, Houston, TX) on **February 25-27, 2011**. Over 20 different styles of yoga workshops will be taught (over 70 workshops in total), by yoga teachers

known worldwide and Texas-based instructors, with special performances by national headlining artist **MC Yogi** and **Sean Johnson and The Wild Lotus Band**.

Houston-based, and nationally recognized instructors including **Robert Boustany, Jennifer Buergermeister, Misha Laird, Julie Byrd, Amy Garratt, Ann Hyde** and **Catherine Allen** join an all-star line-up of seasoned instructors that were hand-selected to participate based on



their submitted presentation outline and letter stating intent for participation in the conference.

Local music artist **DJ Sun** will spin live during one of the asana practices. NYC's DJ Hyfi will spin as well. National imports for the conference include **Duncan Wong, Sadie Nardini, Sierra Bender, Les Leventhal, Dana Flynn** and Yoga Journal's November 2010 cover model and Texas-native, **KK Ledford**.

[Sean Johnson and The Wild Lotus Band](#) will kick off the festivities **Friday night at 5 p.m.** with a Laughing Lotus yoga class with Dana Flynn and DJ Hyfi, followed by Sean's concert in the Jarabeck

Athletic Center's Scanlan Room. Sean Johnson and The Wild Lotus Band's music is part of a trend that brings mantra music into the mainstream -- giving the ancient sounds a contemporary voice that transcends musical, cultural and sectarian boundaries. The practice of kirtan, a powerful chant-based music, has been steadily gaining popularity in the west and has been featured recently in *The New York Times*, *Time Magazine*, and NPR's *All Things Considered*.

Saturday night, 7:30-9:30 p.m., features another performance by Sean Johnson followed by the new and innovative sounds of [MC Yogi](#) in the Jerabeck Athletic Center's Scanlan Room. A full time yoga teacher and performing artist MC Yogi combines his knowledge of yoga with his love for hip hop music creating an exciting new sound that brings the wisdom of yoga to a whole new generation of modern mystics, truth seekers, and urban yogis.

Registration is **290 USD** for a weekend pass, **145 USD** for a day pass, and half-day passes are available for **80 USD**, which will provide access to workshops either **8 a.m. to 1 p.m. or 1 p.m. to 6 p.m.** MC Yogi performance on Saturday night is a separate fee from the conference pass, tickets are available online for **\$25**. To register visit www.texasyogaconference.com or call **713.839.9642**. Students receive a discount on all music events and day passes to yoga classes and workshops.

The Texas Yoga Conference is the brainchild of the long time yoga studio owner and legislative yoga advocate **Jennifer Buergermeister** from Jennyoga and CuraYoga, who partnered with YogaOne Studios owners, **Roger** and **Albina Rippy**, to bring the conference into being for its second year. This year's theme, "Yoga is for Everybody!," was chosen to encompass over 60 presentations with over 20 different styles of yoga being taught for all to enjoy. Jennifer states "I envision this year's conference as being an event the entire family can benefit from! Yoga has something to offer for everyone, at all stages of life. We've culled incredible instructors from all over the nation to bring Houston the most comprehensive yoga conference yet. It will rock your world!"

Sponsors for the 2011 Texas Yoga Conference include: **Chakras by Didi, 002 Magazine, I Love yoga, 2-day Postcards, lululemon athletica, Yoga Month, Yoga Recess, Prana, Namomi, The Axelrad Clinic, To Each His Om, Yogini Cleanies, Shining Shakti, Natural Awakenings, Yoga 4 Kids, Hail Merry, Luna Bars, Manduka, Kulae, Body Mind & Soul, Jannell Hoyland, CuraYoga, Jennyoga, YogaOne Studios, Texas Yoga Association, Luke's Locker, Yoganonymous, Breathecure, TruMeals, Veronica Books, One Yoga USA, SATYA, Web Designs of Houston, Jennyoga, Kingwood Yoga, Sage PR, Yama Talent, Starshine Photography, Bamboo Yoga Co., Vitamin Water, Namomi, Yoginos: Yoga for Youth and Juice Consulting LLC.**

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About Texas Yoga Conference 2011

The Texas Yoga Conference was founded in 2009 by Houston area yoga studio owners passionate to represent and support our Texas yogis and inspire the general public toward learning more about the many branches of yoga. We believe yoga is an art for the body, mind and spirit to express living fully in the present moment with peace and wellness. Our objective is to educate others about the many benefits of yoga and lead fitness and health seekers toward a better quality of life – Texas style. For the conference schedule and more information, please visit: <http://www.texasyogaconference.com>.

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